

PEACE

*Power of Electronics and Communication Engineering
Department of ECE, Methodist College of Engineering and Technology, Abids, Hyderabad*

DECEMBER, 2020

HAPPINESS-VIRTUAL MEDICINE

Most people waste their whole lives waiting for happiness, but the secret is that we already have all we need to be happy right now with what we have.

On the first hand that life is short, unpredictable, and can change in a split second, so no more waiting.

Happiness is not just an emotion, but a powerful tool that can help us become healthier, achieve goals, improve our relationships, and make our dreams come true. When we are happy, we are more motivated, calmer, friendlier, and more at peace.

there are easy steps for achieving happiness on a daily basis. You can use these methods yourself to fight diseases, disorders, and the daily chaos, not to mention dealing with difficult and annoying people, among other things life throws at you.

Based on Positive and Buddhist psychology, my own expertise and experience, scientific research, and happy & long living people themselves, happiness will bring you peace, joy, fun, and laughter. After all, isn't that what life is about?

Don't waste another day being unhappy.

Become happy now and let its magic work on you, your loved ones, and the world.

"Happiness is the meaning and the purpose of life, the whole aim and end of human existence."

Aristotle said this more than 2,000 years ago. And it still holds true today. What is the true purpose of life, if not to live a happy life until we die?

A man asked to the Scholar, "I want Happiness."

Scholar said, first remove "I", that's ego,

then remove "want", that's desire.

See now you are left with only Happiness.

Every medicine which is used to get cure from any illness has a side effect and affects other organ. But, happiness is the virtual medicine preliminarily which allows to get cure from many mental and physical disorders.

here, am wonder to see department in environment of happiness and witnessing positive going by initiating innovative projects, seminars. some students in the departments are selected for various prestigious companies in both ON-Campus and OFF-Campus drives, which is added happiness in the department.

--Dr N H Shobha Reddy, HoD ECE.

EDITORIAL COMMITTEE

Under the able guidance of Management. Director & Principal.

Chief Editor

Dr. N H Shobha Reddy

HOD ECE, MCET

Editor

Dr. John William Carey M

Asst.Prof, ECE

Associate Editors

Dr. Krishna Kumar Prof, ECE,

N. Raj Kumar Asso.Prof, ECE

I. Srikanth Asso. Prof, ECE,

Student Editors

SUDHIPTA, ECE 2 YR A

GURUPREETH SINGH, ECE 2 YR B

GURUDEEP, ECE 3 YR A

SONIA, ECE 3 YR B

M SAI TEJA, ECE 4 YR A

RATAN VIKRAM, ECE 4 YR B

Contribution from all the Faculty and Students of United ECE