

# Orell Grievance



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Methodist College of Engineering and Technology Hyderabad, Telangana

## Methodist College of Engineering and Technology



<https://methodist.edu/grievance.com/login/contact.html>





# METHODIST COLLEGE OF ENGINEERING & TECHNOLOGY (AUTONOMOUS INSTITUTION)

Estd: 2008

(Approved by AICTE, New Delhi, Affiliated to Osmania University)  
Accredited by NBA and NAAC with A+ Grade

2

Lr.No. METH/ADMIN/WPC/2022-23

Date: 26.10.2022

Sub: Constitution of Committee - Women Protection Cell for Safety and Security of Girls and Women in the Institution - orders issued.

Ref: 1. Government Memo No.2792/OP/A2/2014-4, dated: 06.12.2014 of the Secretary, Higher Education (OP) Department, Govt. of Telangana.  
2. Proceedings of the Principal's office.

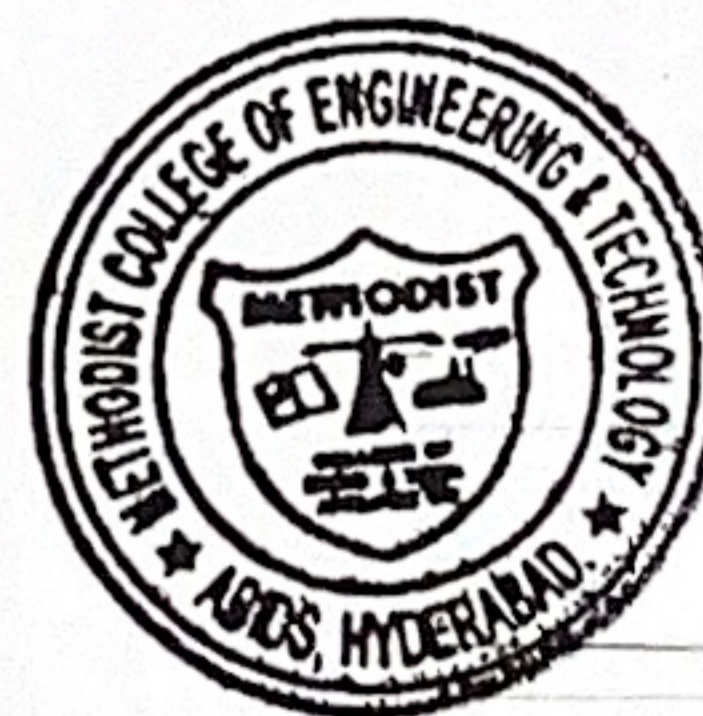
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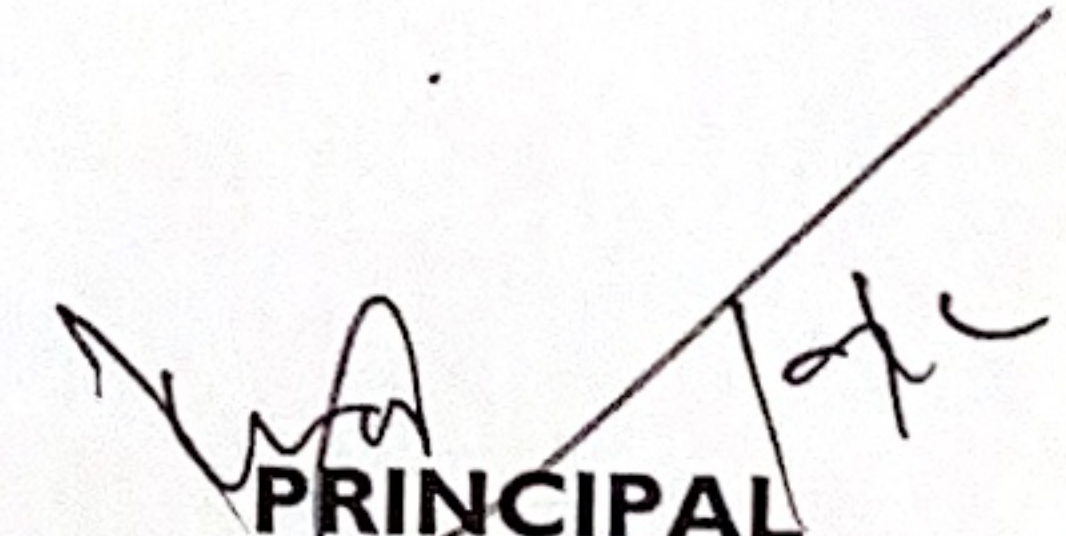
It is informed that, keeping in view of the guidelines issued by the State Government of Telangana & University and in modification of the proceedings issued in the reference 2<sup>nd</sup> cited, an internal committee for Women Protection Cell on 'Security of Girls and Women' in the Institution is re-constituted with the following:

The Committee Members are:

S.No	Name of the Member	Designation/ Department	Committee Designation
1	Dr.S Sujatha	Associate Professor & HOD	Coordinator
2	Ms A. Swathi	Assistant Professor	Member
3	Mrs. Maddala Mary Soujanya	Assistant Professor	Member
4	Dr.G Saritha	Assistant Professor	Member
5	Mrs.V Saketha Reddy	Assistant Professor	Member
6	Mrs.O.Ameena	Associate Professor	Member
7	Mrs. I. Sowjanya	Assistant Professor	Member
8	Mrs.I Sona Lakshmi	Assistant Professor	Member
9	Mrs. A. L. Jayashree	Assistant Professor	Member
10	Mrs. Jayasree	Lib	Member
11	Ms. G. Harini	Student	Member

The Committee shall take all necessary steps to ensure safety and security for Girls and Women in the premises of the institution.



  
PRINCIPAL  
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METHODIST COLLEGE OF ENGG. & TECH.  
King Kotl Road, Abids, Hyderabad

To  
All the members of the committee.

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Womens day



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(An UGC-AUTONOMOUS INSTITUTION)

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## Report on Health Talk

Date of event: 08-03-2023

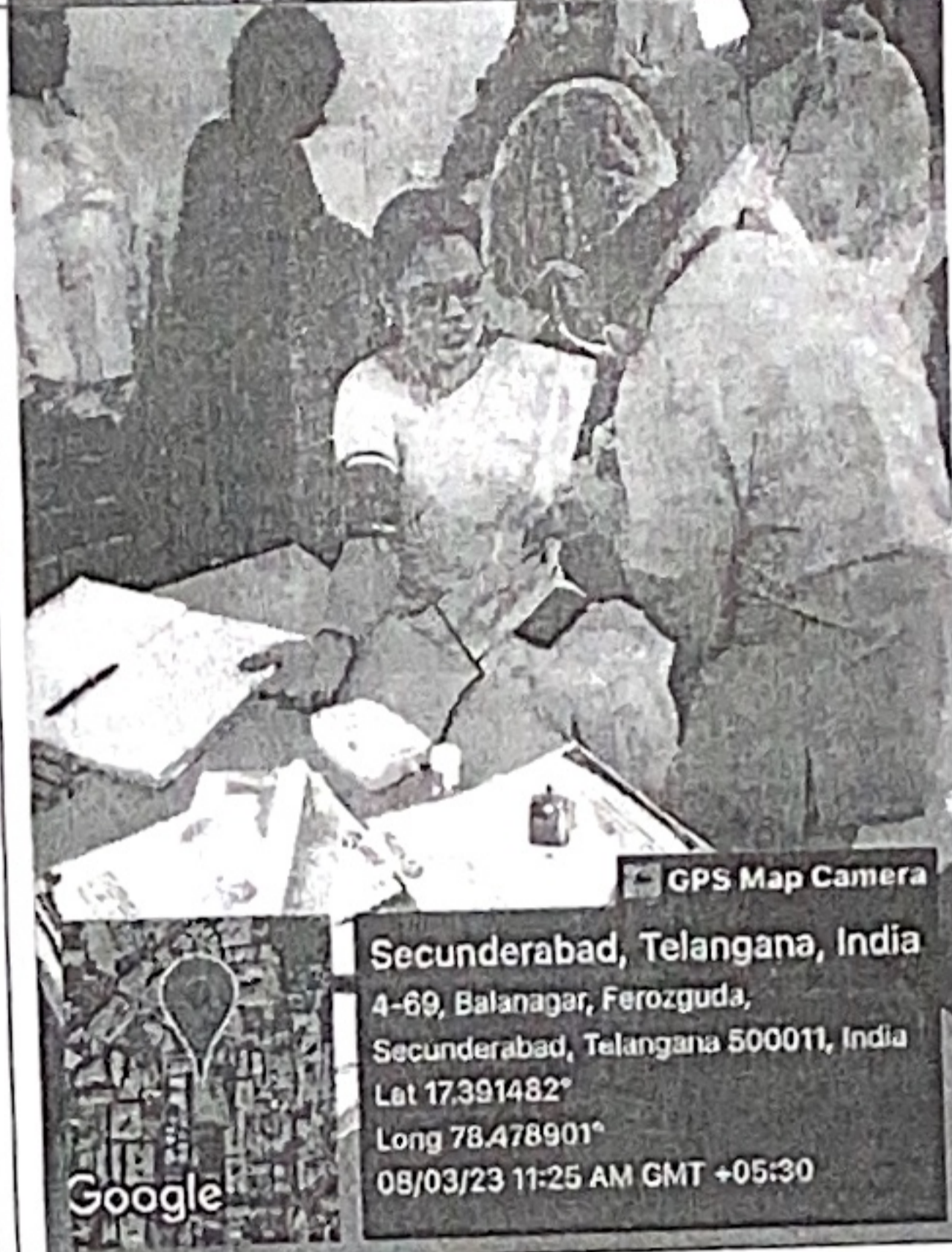
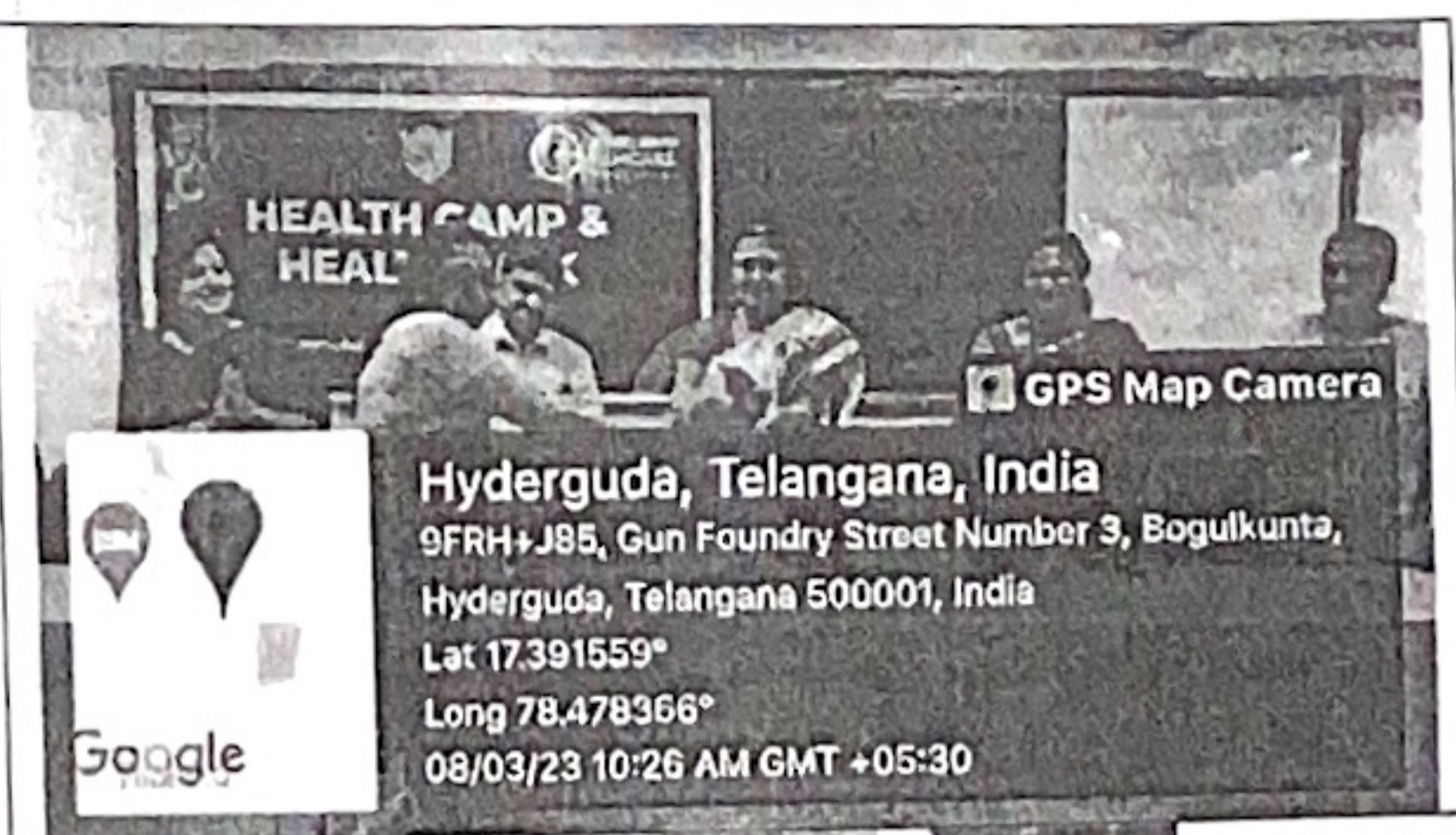
Dr. Sharada Saranu, a renowned gynaecologist, delivered a compelling health talk on Women's Day, emphasizing the importance of women's health and wellbeing. In her address, she likely covered various aspects of women's health, including reproductive health, menstrual hygiene, family planning, and preventive care.

Key points Dr. Saranu might have discussed could include:

1. **Reproductive Health:** Educating women about the importance of regular check-ups, screenings, and maintaining reproductive health throughout different stages of life.
2. **Menstrual Hygiene:** Promoting awareness about maintaining proper menstrual hygiene practices to prevent infections and other related health issues.
3. **Family Planning:** Providing information about different contraception options available, empowering women to make informed choices about family planning and reproductive rights.
4. **Preventive Care:** Stressing the significance of preventive measures such as vaccinations, healthy lifestyle choices, and regular health screenings to detect any potential health concerns early on.
5. **Mental Health:** Addressing the importance of mental health awareness and support, as women often juggle multiple roles and may experience unique stressors and challenges.
6. **Healthy Lifestyle:** Encouraging women to prioritize self-care, including exercise, balanced nutrition, stress management, and adequate sleep, to maintain overall health and wellbeing.
7. **Empowerment:** Empowering women to take charge of their health, advocate for themselves in healthcare settings, and seek medical attention when needed without hesitation.
8. **Community Support:** Highlighting the significance of community support networks, where women can share experiences, seek advice, and access resources for their health needs.

  
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Dr. SharadaSaranu's talk likely served as a platform to educate, inspire, and empower women to prioritize their health and make informed decisions to lead fulfilling and healthy lives. Such initiatives play a crucial role in promoting women's health and advancing gender equality in healthcare.

*Sharada*  
Event Co-ordinator

*[Signature]*  
ICC - Coordinator

*[Signature]*  
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